

BAGELS AND SPREADS



BASIC BAGELS

6 FOR \$8 12 FOR \$15

PLAIN GOOD (V)

SOURDOUGH

SESAME

ALL DRESSED

WINNIPEG STYLE RYE

UPBEAT OR MIXED BAG

6 FOR \$10 12 FOR \$19

CHOCOLATEY CHIP(V)

ROSEMARY SEA SALT

CHEDDAR

BAGEL SINGLE | \$2.25

TOASTED BUTTERED BAGEL| \$2.75

BAGEL WITH SPREAD | \$4.50

SPREAD TO GO | \$9.00 (250ML)

CREAM CHEESE SPREADS

PLAIN WHIPPED CREAM CHEESE

BACON & GOOD CHIVES ONLY

VERY BIG DILL PICKLE

SIMPLY THE ZEST GARLICKY HERB

ROASTED JALAPENO CHEDDAR

BEET HUMMUS (V)

CINNAMON ROLL



+ APPLICABLE TAX

BAGELWICHES



HOTT MESS BREAKFAST | \$7

omega egg crepe (Natures Farm Fresh Egg)
cheddar cheese, hot sauce.

MAKE IT VEGAN- Just Egg Crepe \$8

+ smashed avo | 2
+ bacon | 1.50

BL-TEASE ME | \$9

bacon bits, thick cut tomato, bacon & good
chives only spread, crisp lettuce.

BIG MOUTH BREAKFAST | \$10

bacon bits, thick cut tomato, bacon & good chives
spread, lettuce, egg crepe, hot sauce.

CHICK-PEAS & LOVE | \$10

turmeric spiced chickpea "salad", leaf
lettuce, housemade pickled radish.

THE MED | \$8

beet hummus, sliced cucumbers,
pickled onions, arugula, balsamic reduction.

LOX STAR | \$13

steelhead lox, simply the ZEST garlicky herb spread,
pickled onions, caper relish.

THE SIDE CHICK'EN | \$11

roasted pesto chicken, blueberry balsamic cream
cheese spread, smoked gouda, arugula, balsamic
drizzle.

THE SOCIAL CLUB | \$9.50

Millers Meats salami & ham sausage, bothwell cheddar,
dill pickle cream cheese, grainy mustard, leaf lettuce.

SPICY EGG SALAD | \$7

Housemade with natures farm eggs, mayo,
jalapeno cream cheese, lettuce

TURKEY CLUB | \$11

sliced turkey, mayo, bacon bits, thick-cut tomato,
lettuce

COOKIE MONSTER | \$6

the BEST chocolate chip cookie served warm
between a chocolate chip bagel with cinnamon
roll cream cheese

+ APPLICABLE TAX

SIDES & BEVERAGES



HUDSON HASHBROWNS 3/5

DRIZZLED WITH HUDSON SECRET SAUCE

FIRE ROASTED TOMATO SOUP 3/5

PASTA SALAD SIDE 3/5

COOKIE 3

ADD MORE GOODIES +

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|-----------------------|------------------|
| bacon 1.50 | extra spread 2 |
| smashed avo 2 | lox 4 |
| cheddar cheese 1.50 | egg crepe 3 |

BEVVIES-WARM IT UP

PREMIUM DRIP COFFEE 2.25

BONE BROTH 6

TEA- GREEN/ORANGE PEKOE 2.25

HOT CHOCOLATE- 4

BEVVIES-COOL IT DOWN

HOUSEMADE LEMONADE OR ICED TEA 3.5

SHEEPDOG COLD BREW 4

WOLSELEY KOMBUCHA 5

FLOW BOX WATER 2.50

SPARKLING PELLEGRINO 3

